

Letter to My Future Self - Template

Use this template as a guide to write your own letter to your future self. Fill in the prompts below to capture your thoughts, goals, and encouragement. You can handwrite this or type it digitally. Seal it away or schedule delivery with an app like FutureMe.

Today's Date: _____

Dear Future Me,

Right now, I am... (describe your life, feelings, career, relationships, etc.)

My biggest goals for the next few years are: 1. _____ 2. _____ 3. _____

Here's some advice I want to give you:

I hope you remember that:

Some questions I have for you are: - _____ - _____ - _____

No matter what, I want you to know:

With love,

Signed, _____